

Basketball Rules Changes - 2014-15

By on July 17, 2014 [basketball](#)
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3-5-3: Arm sleeves, knee sleeves, lower leg sleeves and tights are permissible:

- a. Anything worn on the arm and/or leg is a sleeve, except a knee brace, and shall meet the color restrictions.
- b. The sleeves/tights shall be black, white, beige or the predominant color of the uniform and the same color sleeves/tights shall be worn by teammates.
- c. All sleeves/tights shall be the same solid color.
- d. Meet the logo requirements in 3-6. Note: In general, a brace is defined as anything that contains hinges and/or straps or an opening over the knee cap.

4-19-3d: Intentional fouls include but are not limited to: Excessive contact with an opponent while the ball is live or until an airborne shooter returns to the floor.

9-1-4g: A player occupying a marked lane space...may enter the lane on the release of the ball by the free throw shooter.

10-6-12 NEW: The following acts constitute a foul when committed against a ball handler/dribbler:

- a. Placing two hands on the player.
- b. Placing an extended arm bar on the player.
- c. Placing and keeping a hand on the player.
- d. Contacting the player more than once with the same hand or alternating hands.

2014-15 NFHS Major Editorial Changes

1-12-1a: The ball...its solid color shall be Pantone Matching System (PMS) Orange 151, Red-Orange 173 or Brown 1535, effective 2019-20.